

SPRING STUDY GROUP

MARCH 5 – MAY 7, 2024

Tuesdays 7:30–9:00 pm, Onsite & Zoom

Zen Mind, Beginner's Mind

Informal talks on Zen meditation and practice
by Shunryu Suzuki-roshi

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MARCH 19	Right Attitude Single-Minded Way Repetition Zen and Excitement Right Effort No Trace	Page 37–50	APRIL 23	Right Understanding Emptiness Readiness Mindfulness Believing in Nothing Attachment, Non Attachment	Page 100–112
MARCH 26	Right Attitude God Giving Mistakes in Practice Limiting Your Activity Study Yourself	Page 51–66	APRIL 30	Right Understanding Calmness Experience, Not Philosophy Original Buddhism Beyond Consciousness Buddha's Enlightenment	Page 112–126

Verse for Opening Sutras (Kaikyoge)

The Dharma, incomparably profound and infinitely subtle, is rarely met,
even in a hundred thousand million kalpas.

Now we see it, hear it, receive and maintain it.

May we completely realize the Tathagata's true meaning.

Verse for Closing Sutras (Fuekō)

May the merit of this penetrate into each thing in all places.

So that we, with all sentient beings together, realize the Buddha Way.