

TETSUYA – All Night Continuous Zazen

FRIDAY EVENING TO MIDNIGHT

7:30 pm	Zazen (7:23 bell)
8:05	Kinhin
8:15	Zazen
8:45	Four Vows
8:50	Nyoze speaks about Midnight Sitting Guidelines and Placards
9:15	REST (2hr 30min.)

SATURDAY MIDNIGHT TO DAWN

12:00 am	TETSUYA - all night continuous zazen
3:50 am	Call and Response - Recite Atonement Verse
4:00 am	Tea and rest
4:25 am	Break
5:15 am	Zazen
5:50 am	Recite Robe Verse
6:00 am	Procession to Shunryu Suzuki-roshi's Stupa
6:25 am	FOUNDER'S SUNRISE CEREMONY FOR SHUNRYU SUZUKI ROSHI
7:30 am	Breakfast and Closing