

CHILDREN'S PROGRAM

Kids Campout Under The Stars!!!

May 19-20, 2023

FRIDAY

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|-----------|---|
| 4:30 pm | Arrive/Set-up Tents |
| 6:00-6:30 | Dinner |
| 7:00-7:15 | Kids Zendo (Meditation Instructions) |
| 7:30 | Zazen (Meditation/Silence) |
| 7:50 | Service |
| 8:00 | S'mores Roast Out! |
| 8:30 | Pillow Bell (prostrations, kids hit x9's) |
| 8:45 | Sleep/Lights Out |

SATURDAY

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| 6:00 am | Wake-up with the Sun (smzc schedule as usual) |
| 6:30 | Zazen/Reciting Sutra |
| 7:10 | Buffet Breakfast |
| 8:30-10:00 | Rinpoche's Stupa Hike - raising flags |
| 10:30 | Saturday Community Talk (optional) |
| 12:00-1:00 pm | Buffet Lunch (optional) |