



Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have prohibited the congregation of groups of people.

Sonoma Mountain Zen Center has put in place preventative measures to try and reduce the spread of COVID-19; however, SMZC cannot guarantee that you will not become infected with COVID-19. Further, entering the SMZC could increase your risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by entering SMZC and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at SMZC may result from the actions, omissions, or negligence of myself and others, including, but not limited to, SMZC employees, practitioners, volunteers, and visitors.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with entering SMZC. I hereby release, covenant not to sue, discharge, and hold harmless SMZC, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Sonoma Mountain Zen Center, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after entering Sonoma Mountain Zen Center.

Signature & Date

Print Name
