

Maha Prajna Paramita Heart Sutra

Avalokitesvara Bodhisattva practicing deep Prajna Paramita
Clearly saw that all five conditions are empty.
Thus, was relieved from all suffering and fear.
O Shariputra, form is no other than emptiness,
emptiness no other than form;
Form is exactly emptiness, emptiness exactly form.
Sensation, perception, discrimination, consciousness are likewise like this.
O Shariputra, all dharmas are forms of emptiness,
Not born, not destroyed, not tainted, not pure, without gain, without loss;
So in emptiness there is no form, no sensation, perception, discrimination,
consciousness;
No eye, ear, nose, tongue, body, mind;
No color, sound, smell, taste, touch, phenomena;
No realm of sight and so forth until no realm of consciousness.
No ignorance, and no extinction of it, and so forth until
no old age and death and extinction of them.
No suffering, no cause of suffering, no extinguishing, no path,
no wisdom and no gain.
With nothing to attain, the Bodhisattva lives Prajna Paramita.
With no hindrance in the mind, there is no hindrance,
therefore no fear exists.
Far beyond deluded thoughts, this is Nirvana.
All past, present and future Buddhas live Prajna Paramita
And therefore, attain Anuttara Samyak Sambodhi!
Therefore know, Prajna Paramita is the great mantra
is the great bright mantra
is the supreme mantra
is the unsurpassable mantra.
It is capable of relieving all suffering.
This is true, not false.
So proclaim the Prajna Paramita Mantra
Proclaim this mantra and say:
Gate – Gate – Parasamgate
Bodhi Svaha!

*All buddhas throughout space and time
All bodhisattvas, mahasattvas
Maha prajna paramita*